



Simply Nice Tours

it's like having a close friend to show you around Wales & England.

Pembrokeshire Tour

Our Pembrokeshire Tours are unique. As Clients may choose:

1. A Guided Sightseeing tour
2. A Guided Gentle Walking & Sightseeing tour
3. A Guided Walking Tour
4. A non-guided, self-directed walking tour with transport support.



Rail station transfer and transportation support throughout your stay is included in the price.

Where to stay?

You can choose your own hotel or B&B or choose our cost saving accommodation in our 4 **** self-catering cottages available for a supplementary price.

We have an extensive range of walks to cater for different fitness levels and the exact wants of the customer. Each walk comes with local stories of pre-history, modern history, geology, custom and Welsh folklore. The following full day walks (approximately 7 - 8 hours) are an indicative cross section of those available.

Seven Whole-Day Walking

DAY-1 The Preseli Ridgeline.

Walk from Tregynon Cottages along the Preseli ridgeline taking in Cwmcerwyn (highest peak in Preseli Hills), Carn Menyn (source of the bluestone at Stonehenge) and the Iron Age hill fort at Foeldrygarn. Short drive to Neolithic stone circle at Gors Fawr, and the megaliths at Rhosfelin and Pentre Ifan.

Approx. 8 miles

DAY-2 Carningli and the Last Invasion.

Drive over Carningli range for sea views and onto Dinas Head (3 mile circular walk). Drive to Fishguard Fort and walk the route of the 1797 Last Invasion of Britain. Visit the Neolithic burial site and Garnwnda. Drive to Strumble Head for sea views and then to the Iron Age hill fort at Garn Fawr. Visiting and walking at each site.

Approx. 6 miles total with driving in between.



DAY-3 The Gwaun Valley and Newport.

Walk from Tregynon Cottages down into Gwaun Valley and up over Carningli to Newport (Parrog, estuary). Walk to Nervern the seat of the Norman invasion and pilgrims' trails.

Approx. 6 miles, strenuous in places.

DAY-4 Moylegrove to Newport Coastal Path.

Drive to Moylegrove. Spectacular and remote coastal path walk with dramatic geological features and coastal flora and fauna and walk back to Newport.

Approx. 10 miles.

DAY – 5 Porthgain and an Industrial Past.

Drive to Porthgain, circular walk to Aberiddy and back encompassing coastal scenery and the slate and granite mines. Drive to St Davids. Drive to Whitesands Bay and walk to the Neolithic site at Coetan Arthur and taking in the chapel site of St Patrick who left Wales from here to take Christianity to Ireland.

Approx. 5 miles total with driving in between.

DAY-6 Solva and Ramsey Island.

Drive to Solva. Superb Coastal walk east to Dinas Fach then inland to Pointz Castle and back to Solva. Option is to have boat tip around Ramsey Island (additional cost) and a shortened walk from Solva along coast and back. This variation will depend upon tide times.

Approx. 6 miles

DAY-7 St Davids Peninsula.

From St Davids cathedral and bishop’s palace, south to the coast and west past St Non’s chapel (birth place of St David), to Porth Clais (the original harbour for St Davids) and round to St Justinian’s with magnificent sea views across the Sound to Ramsey Island.

Approx. 10 miles.



7 Full Sightseeing Days

Day-1 - Ancient Preseli

A.M. Bluestone Monument; Gors Fawr Stone Circle; Pentre Ifan.

P.M. Castell Henllys Iron Age hill fort \$5 *; Rosebush Slate Quarry.
On our way home we will stop off for a well-earned beverage at the Ty Coch Inn.



Day-2 - The Norman Invasion

A.M. - Nevern (Fort, Church and Celtic and Pilgrim's Crosses and bleeding Yew trees); Newport; Penfeidr Viewing Point.

P.M. - Cardigan Castle \$5; St Dogmaels Abbey and Coach House

Day-3 - The French Invasion

A.M. - Fishguard Fort; the Invasion Tapestry; Carregwasted Bay (1 mile walk).

P.M. - The invasion route and a burned bible; a secret pilgrimage spring; Garnwnda burial chamber; and Strumble Head

Day-4 - Industrial Pembrokeshire and St Davids

A.M. - Porthgain and Abereiddy – limekilns to slate and granite quarrying; coal mining in West Wales.

P.M. - Porth Clais; St Davids; and St Non's



Day-5 - Pembroke Dock Naval History

A.M. - Pembroke Dock past and present. Museums included if desired \$5 *

P.M. - Dale Peninsula – From the Iron Age, through WWII and onto the Cold War; views of Skomer Island and Jack Sound

Day-6. – Bosherton to Manorbier Castle

A.M. - The Green Bridge of Wales; Bosherton Lilly ponds; St Govens hidden chapel.

P.M. - Stackpole Quay and Barafundle Bay (1 mile walk); Manorbier Castle \$6*; Carew Castle \$5 * and its tidal mill*.

Day-7. - Caldey Island and Tenby

A.M. - Visit the island and its Cistercian Monastery*

P.M. - Tenby – a brief history; Narberth Castle – entrance to the underworld!

*Please note * denotes additional entrance fee required not included in tour price.*

7 Half Sightseeing and Half Gentle Walking

Day-1. - Carningli and Newport

A.M. - Walk along Carningli Ridgeline to Iron Age hillfort with views of the Atlantic and the Preseli Hills. (Approx. 3.5 miles)

P.M. - Tour around Newport; its estuary and Nevern.

Day-2. - Eastern Preseli Hills and Ancient Sites

A.M. - A gentle walk to Foeldrygarn (hill fort and Bronze Age burials) and then to the site of Stonehenge bluestones (approx. 4 miles)

P.M. - Sightseeing at several pre-historic sites (Gors Fawr; Rhosfelin; Pente Ifan)

Day-3. - Gwaun Valley and Fishguard

A.M. - A gentle walk down into the Gwaun valley through an ancient settlement and ancient woodlands to the best tea-room in the valley (approx. 2.5 miles) and a visit to St Brynach's church.

P.M. - Sightseeing at Fishguard Fort; the last Invasion Tapestry; a heroine's grave; the site of the surrender; Strumble Head and Garn Fawr ancient hill fort with excellent coastal views (approx. 1 mile)

Day-4. - Porthgain to Abereiddy and St Davids

A.M. - A coastal walk through Pembrokeshire's industrial past with seabirds and marine wildlife and the Blue Lagoon, home of Red Bull Cliff Diving competition (approx. 4 miles)

P.M. - Sightseeing at St Davids Cathedral and Bishops Palace* \$4; St Nons.

Day-5. - Ramsey Island Boat Trip and Coastal Walk

A.M. - Boat trip around Ramsey Island \$25 *; St Patrick's chapel, where the Saint left Wales to take Christianity to Ireland.

P.M. - Coastal walk along Ramey Sound, taking in St Justinian's, the new lifeboat station, and St Davids headland (Approx. 4 miles)

Day-6. - Solva and the Dale Peninsula

A.M. - Sightseeing in and around Solva Village and harbour.

P.M. - Sightseeing by road, south along the coast seeing several of Pembrokeshire's best beaches; a walk around Dale peninsula (Approx. 3 miles) with its 600 years of history and 450 million year old rocks (Approx. 1 mile)

Day-7. - Pembrokeshire Dock and Pembrokeshire's Finest Castles

A.M. - A history of Pembroke Dock through to WWII

P.M. - Visit two of Pembrokeshire's finest castles – Manorbier \$6 and Carew Castle, \$5 (approx. 3 miles)

Free Additional Features and Facilities.

- Maps and compasses.
- Advice on route planning for self-guided walkers.
- Local knowledge – pre-history, modern history, geology, folklore, culture etc.
- Bird, tree and plant reference books for daily loan.
- Limited amount of walking clothing (not boots) should guests have forgotten an item of clothing.
- Flasks and binoculars.



TOUR PRICES:

Type of Tour	3 days / 2 nights	5 days / 4 nights	7 day / 6 nights
<u>Full day – Self-Guided Walk.</u> 5+ miles a day (Driver assist to/from venue only and provide maps, route planning)	\$478 total for 2 \$528 total for 4	\$668 total for 2 \$718 total for 4	\$825 total for 2 \$866 total for 4
<u>Full day - Guided Walk.</u> (7-8 hrs. approx.) 5+ miles (Driver / Guide to/from venue; provide maps, route planning and local information on history, geology, folklore, culture)	\$672 total for 2 \$924 total for 4	\$964 total for 2 \$1,378 total for 4	\$1,180 total for 2 \$1,765 total for 4
<u>Full day – Guided Shorter Walks and Sightseeing.</u> (2- 4 miles a day approx.) Driver / Guide to/from venue provide maps, route planning and local information on history, geology, folklore, culture)	\$676 total for 2 \$924 total for 4	\$964 total for 2 \$1.378 total for 4	\$1,180 total for 2 \$1,765 total for 4
<u>Full day - Sightseeing at several locations.</u> No significant walking Driver/ Guide to/from venue provide maps, route planning and local information on history, geology, folklore, culture)	\$676 total for 2 \$924 total for 4	\$964 total for 2 \$1.378 total for 4	\$1,180 total for 2 \$1,765 total for 4



4** - Self-Catering Cottage – Full week check in and check out is FRIDAY**

Low season September to May \$405 per full week
High season June to August \$1,054 per full week.



Cottage	Foxglove	Honeysuckle	Notes
Sleeps	4	4	
Bed Room 1	Double bed	Double bed	En-suite
Bed Room 2	Twin	Twin	En-suite
Bath room	2	2	
2-7 night rate low season	\$66 per night	\$66 per night	
7 night rate low season	\$405 Friday to Friday	\$405 Friday to Friday	
2-7night rate high season	Full weekly rate charged	Full weekly rate charged	
7 night rate high season	\$1,054	\$1,054	



Free Additional Cottage Facilities

- Linen & towels.
- Welcome pack on arrival (tea, coffee, fresh milk, homemade Barra Brith)
- Heating and constant hot water
- Evening shuttle service to and from local village each evening if required.
- Drying room facilities.
- Access to OS route planning software.
- An On-site Map Room – an ideal location for route planning and access to local information.

"Please call 717 243 5112 or email simplynicetours@comcast.net for dates"

Tour Price does not include:

Air travel or

Accommodation, Lunch, Dinners and beverages, you choose when to stay, eat, what to eat and how much you spend. Admissions or rides, you only pay for the admissions and rides that interest you.

Any travel related insurance coverage.

AIR:

Please confirm your air arrangements with us **before booking** with the airline.

We reserve the right to change the sequence of days or itinerary due to weather, or other unforeseen circumstances.

